

SUDLEY INFANT SCHOOL 3 WEEK ROTATION MENU

WEEK 1

Mon Jan 7, 28, Feb 25 Mar 18,

Monday Veggie pizza V
Herby diced potatoes and veg
Fresh fruit, yoghurt, cheese and crackers

Tuesday Spaghetti bolognese
Veggie bolognese V
Mixed vegetable & Garlic bread
Fresh fruit, yoghurt, cheese and crackers

Wednesday Traditional roast turkey
Cheesy pie V
Jacket potato with selected fillings
Roast potatoes and vegetables
Fresh fruit, yoghurt, cheese and crackers

Thursday Chicken wrap
Veggie wrap V – rice and veg.
Fresh fruit, yoghurt, cheese and crackers

Friday Fish fingers
Stuffed potato skins V
Oven baked chips and beans
Fruit, jelly or ice cream

WEEK 2

Mon Jan 14, Feb 4, Mar 4, 25

Monday Oven baked sausage
Veggie sausage (V)
Mash and vegetables
Fresh fruit, yoghurt, cheese and crackers

Tuesday Chicken or veggie curry V
Mash and veg.
Fresh fruit, yoghurt, cheese and crackers

Wednesday Traditional roast gammon
Quorn fillet V
Roast potatoes and vegetables
Fresh fruit, yoghurt, cheese and crackers

Thursday Soup and sandwich
Loaded potato skins V
Wedges and vegetables
Fresh fruit, yoghurt, cheese and crackers

Friday Fish fingers
Frittata V
Oven baked chips and beans
Banana cake
CHOICE ROLLS AND SALAD BAR
EVERYDAY

Absolutely Catering

WEEK 3

Mon Jan 21, feb 11, Mar 11 Apr 1

Monday Veggie burgers V
Herb diced potatoes and vegetables
Fresh fruit, yoghurt, cheese and crackers

Tuesday Cottage pie
Winter veg. casseroleV
Vegetables
Fresh fruit, yoghurt, cheese and crackers

Wednesday Traditional roast turkey
Cheese parcel V
Roast potatoes and vegetables
Fresh fruit, yoghurt, cheese and crackers

Thursday Hunters Chicken
Oriental noodles V
Rice & veg
Fresh fruit, yoghurt, cheese and crackers

Friday Fish fingers
Cheesey pie V
Oven baked chips and beans
Cup cakes